STUDENT HANDBOOK

LANGARA FINE ARTS



art + design + intensive + studio + hands-on + community



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Welcome

Langara College, sneweyeł lelem, acknowledges the Musqueam, Squamish and Tsleil-Waututh peoples on whose unceded traditional territories we are privileged to live, work and learn.

Welcome to the Fine Arts Program at Langara College! We are pleased that you have chosen this opportunity to develop your art and design practice within one of the most respected two-year programs in Canada. Whether you are planning to continue further studies for a degree, or have other directions in mind, the Fine Arts Diploma from Langara College is an excellent credential to achieve, both in itself and as a foundation for a wide variety of future studies.

This handbook will provide you with an easy reference for Program information, as well as college or departmental policies that are important to your progress at Langara. Please read through carefully and keep the handbook handy, especially during your first few weeks in the program.

Student Orientation | September 13th 1PM. outside A003

We will have a orientation for new students. Come to meet the faculty, staff and fellow students and ask any questions that you may have about the Fine Arts Program.

Artist Talks

Visiting Artist Talks will take place on Wednesdays 1:15-2:15, stay tuned for our first date!

Follow Us Instagram @langarafinearts Facebook @Langara Fine Arts

Please "like" our facebook page, as we often use this as a way of communicating upcoming events to our students.

Contact info: FINE ART FACULTY

Aitken, Stephanie - Department Chair, Painting, Drawing saitken@langara.ca

Milton, Elizabeth - Assistant Chair, Media, Performance, Drawing emilton@langara.ca

Campbell, Milos - Printmaking, Drawing mcampbell@langara.ca

Falk, Charlotte - Design and Public Art cfalk@langara.ca

Hubert, Steven - Sculpture, Painting, Drawing, Media shubert@langara.ca

Landin, Aurora - Printmaking, Drawing alandin@langara.ca

Morrison, William - Workshop Coordinator wmorrison@langara.ca

Aaron Nelson-Moody - Indigenous Carving, Tool Making aaronnelson@langara.ca

O'Brien, Alwyn - Ceramics aobrien@langara.ca

Purschwitz, Natalie - Sculpture npurschwitz@langara.ca

Robbins, Philip - Design and Maker Space probbins@langara.ca

Slaven, Rebecca - Fine Arts Librarian rslaven@langara.ca

Wadsley, Helena - Painting, Textile Studio, Drawing hwadsley@langara.ca

Webster, Suzi - Media, Drawing swebster@langara.ca

Yip, Rita Program & Studio Coordinator ritayip@langara.ca

College Initiatives

Alongside courses in Drawing, Design, Ceramics, Indigenous Carving, Printmaking, Sculpture, Media, Performance and Textiles, the Fine Arts Department is pleased to include the following initiatives in its program offerings and resources for students:

MAKERSPACE (A Building, A268)

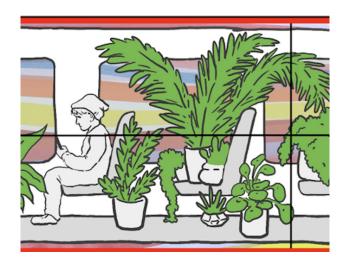
The Makerspace is a cross disciplinary resource, open to students, faculty, and staff, providing a wide range of digital and analogue technologies for creative exploration.

To learn more about Makerspace Workshops for 3D printing, laser cutting, CNC cutting and vinyl cutting.

Contact: Don Gillard, Makerspace Tech dgillard@langara.ca

PUBLIC ART OPPORTUNITIES

Students enrolled in Public Art create site-specific projects for the Langara College campus and/ or produce collaborative public art work to be installed at the Langara Canada Line Transit Station. Throughout the course, students have a number of opportunities to develop presentation skills and be introduced to professionals in the field.



Guide to Registration

REGISTRATION

Remember to register according to your career program dates (which are usually earlier than your student ID date). As a Fine Arts student you will be given priority when registering in Fine Art courses. Each semester you must activate your registration date.

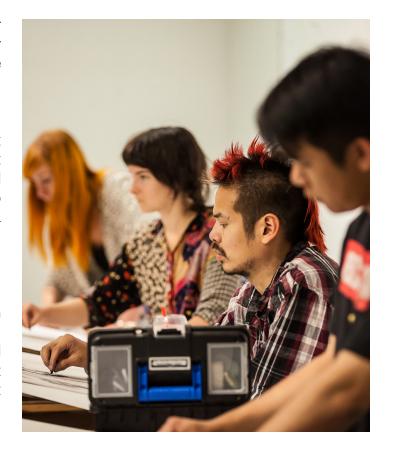
If you take a semester off, or if you are attending part time, you might find that you have been dropped out of the Fine Art Program and been put into General Arts & Sciences. You can easily be put back into Fine Arts by emailing the Department Chair with a request for reinstatement (please ensure that you include your student ID with your correspondence).

WITHDRAWAL PROCEDURE

Each semester you are able to withdraw from classes before the withdraw date without academic penalty. You can find the date for withdrawal on-line under registration and records/important dates on-line. Please inform your instructor to let them know of your decision to withdraw.

COURSE LOAD

This is an intense studio program, and it is better to take less classes and get more out of each class than trying to rush your way through, especially if you are working. Carefully consider your workload.

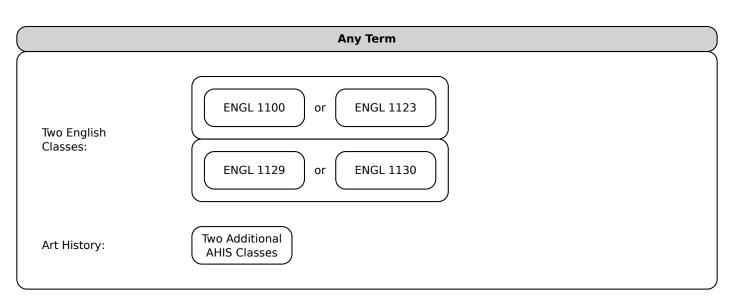


Fine Arts Diploma Requirements

Total 60 credits, 3 credits per class, all university transferrable.

Year 1 Drawing 1 Drawing 2 Ceramics 1 Painting 1 FINA 1120 FINA 1220 FINA 1131 **FINA 1111** All Eight Introductory FINA Studios: Design Studio Media Studio Sculpture 1 Printmaking 1 FINA 1142 FINA 1143 FINA 1161 FINA 1171

Any Six Advanced FINA Studios: Most Advanced Studios are offered in two parts, usually over Fall and Spring with part one being a prerequisite for part two. It's recommended that students take both parts of at least two core Advanced Studios, especially if transferring to Emily Carr as this will allow them to advance to the third year in those studio areas. Professional Practice FINA 2180 Cultural Theory AHIS 2250



Attendance & Participation

STUDIO PRACTICES

All studios include a component of studio practice as part of the grading system, worth up to 20% of the final grade.

Studio practices may include:

- being on time for the studio class
- being prepared for class
- completing research and assignments on time
- demonstrating an understanding of processes and materials
- considerate use of studio, equipment, supplies and tools
- maintaining studio cleanliness
- participating in critiques, presentations and discussions
- positive involvement/interaction in classroom
- respect and consideration of your fellow classmates
- clean up and removal of all artwork at end of term

ONLINE LEARNING POLICIES

- online classes are to be treated with the same respect as in person instruction
- eating is not permitted during sychronous classes
- smoking or vaping is not permitted
- phones must be put away or turned off during synchronized class time except during breaks
- try to find an appropriate location for your class that allows for minimum distraction
- please link your Langara email address to your regular email address or plan to check your Langara email daily during the term
- Fine Arts program students should plan to attend all virtual visiting artist talks. Non-program students are invited to attend but not required to do so.

ARTIST TALKS

Artist Talks are an integral part of the Fine Arts
Program and are presented for the benefit of all first
and second year students. They are scheduled on
selected Wednesdays throughout the term from
1:15-2:15pm.

Talks from professionals working in art and design provide students with opportuntiles to gain further exposure to contemporary practice and to ask question to those working in the field. Each talk is supplemented by a related "Pop Up Library" made up of resources compiled by the visiting speaker and our Division Librarian, Rebecca Slaven.



Grading

The grade system used by the College and the department is as follows:

LETTER GRADE GPA DESCRIPTION

A+ 4.33 Distinguished Achievement

For Consistently distinguished achievement in examinations, reports, and class participation. This definition applies to 'A+', 'A', and 'A-'.

A 4.00

A- 3.67

B+ 3.33 Above Average Achievement

For consistent mastery of the subject matter of this course. This definition applies to 'B+', 'B', and 'B-'.

B 3.00

B- 2.67

C+ 2.33 Satisfactory Achievement

For sufficient comprehension of the subject. This definition applies to 'C+', 'C', and 'C-'.

C 2.00

C- 1.67 Fine Arts students – please see note below*

D 1.00 Marginal Performance

For completion of a course but with below average achievement. (College credit will be granted, but students will not normally be permitted to proceed to the next course.)

F 0.00 Unsatisfactory Achievement

For completion of a course without demonstrating sufficient knowledge of the content to receive credit.

N 0.00 No credit.

This grade is awarded to the student who, having registered in a course:

- 1) Ceases to attend or to participate in class work after the final withdrawal date each semester.
- 2) Does not write the final examination. In Fine Arts, this is the equivalent of not turning in a final portfolio or meeting end of term requirements in any studio.

W Withdrawal. Course not included in calculation of Grade Point Average.

DEPARTMENT POLICY

If you receive a 'D' or lower final grade in a particular studio, you cannot continue into the second year of that studio.

Grading and College Policy

Please also be aware of the following College policies and recommendations as described in the College calendar:

Re-Registration and Maintenance of Standing (Career Programs): If you receive grades of 'D', 'F', 'N', 'U' or 'W' in any of your career program courses, you must receive departmental/coordinator permission to proceed in the program.

Academic Probation: If you received a Grade Point Average (GPA) of less than 1.50 and/or you received an 'F', 'N', 'U' or 'W' in two or more courses, you will be placed on Academic Probation. The College recommends that you see a Langara College counselor before re-registering.

Academic Suspension: If you receive a GPA of less than 1.50 and/or you receive an 'F', 'N', 'U' or 'W' in two or more courses for two successive semesters, you may not re-register for three semesters. Note: A student who stands out for three semesters for any reason, will be permitted to re-register, after the three semester stand out, in the new student category.

Board of Appeals: Unique cases and circumstances arising from the processes of admission, re-admission and maintenance of standing which cannot be resolved within existing policies and procedures, may be referred through the Dean of Student and Education Support Services to the Board of Apeals. Appeal Forms are available from the Registrar's Office.

PROCEDURE FOR RE-REGISTRATION

If you are a returning student, you must re-register for each semester in which you wish to enroll. If you return to the program after a year or more absence, it is recommended that you inform the Fine Arts department of your intention to return in the fall no later than 15 May in order to receive timely permission to register.

Transfers

TRANSFER

If you plan to transfer from Langara College to another educational institution, you should consult the Registrar's Office of that institution to determine the transferability of courses you have taken at Langara. The institution to which your official transcript is sent may evaluate your courses, appraise your letter grades, and compute your grade point average in accordance with its own policies and regulations. If you plan to transfer, you should discuss your plans with a College counselor, bearing in mind that the responsibility for final choice of course/program is yours.

TRANSFER TO EMILY CARR UNIVERSITY

Langara students in good standing who complete the two year Fine Arts Diploma at Langara with a cumulative grade point average (GPA) of B (3.00 on a 4.00 scale) or higher will automatically be accepted into year three (3) of the Bachelor of Fine Arts degree program at Emily Carr University in the Major of Visual Arts (ceramics, drawing, painting, print media or sculpture) and Critical + Cultural Practice. Langara students are eligible to receive up to 60 credits on transfer. Langara students with a cumulative GPA of less than 3.00 will be considered for admission on the basis of their academic standing and a required portfolio review.

Advising Contacts at Local Universities:

Capilano University Admissions@capilanou.ca Advising@capilanou.ca

Emily Carr University of Art and Design advising@ecuad.ca

Kwantlen Polytechnic University study@kpu.ca

Simon Fraser University School for the Contemporary Arts lastoria@sfu.ca

Simon Fraser University (SIAT) siat-one@sfu.ca

University of British Columbia Department of Art History, Visual Art & Theory ahva.dept@ubc.ca

Studio Safety

ART MATERIALS AND CHEMICALS

Be aware that solvents, gases, dusts, mineral dusts, dyes, organic pigments, vapors, acids and metals (and their compounds and fumes) are present in all of the studios and the workshop.

RESPIRATORS

All students must use a respirator with the appropriate cartridge when working with fine pariculate matter or organic vapours.

SAFETY FIRST

Every student is required to fully understand the safety procedures for working in the studios and the workshop. Students must learn and know the hazards and precautions involved with their materials and processes. It is important to read labels, use materials properly and always have proper ventilation.

Exposure to toxic substances can cause skin irritations, skin allergies, chronic effects, organ damage, diseases, etc. This can occur through: ABSORPTION (skin contact) INHALATION (breathing) INGESTION

In compliance with WCB regulations, applicable studio materials are covered by WHMIS (Workplace Hazardous Materials Information System) labeling. MSDS (Material Safety Data Sheets) for such applicable materials are located in a labeled binder located in the studios. If you have any questions about a material, ask the Instructor or consult the MSDS.

ASK QUESTIONS

Protect yourself and those around you by asking questions about any new materials and their potential hazards.

FOOD IN STUDIOS

Eating in the studios is strictly prohibited. Bringing food into the studios can contribute to problems with insects and rodents, who can also do serious damage to art materials such as paper. Eating in the studios is not only dangerous due to the potential for ingesting chemicals, but it is also insensitive to fellow students and/or instructors who may have allergies or specific dietary sensitivities.

NON-SMOKING CAMPUS

Langara College is a smoke free campus.



Studio Access

STUDIO ACCESS

Studio hours are inline with campus hours.
For more information on studio access,
please contact your Studio Instructors or the
Studio Coordinator.
Please see page. 3 for contact emails.

CONTACTS

Emergency Campus Security: 604.562.1011 or 4444 from studio phone

Studio Etiquette

STUDIO ENGAGEMENT

Instructors expect you to be paying attention during scheduled studio instruction – do not wear head phones during class time if your instructor asks the class not to do so. Cell phones should be turned off. If you need to take an emergency call, please leave the studio to do so. Please do not check email and/or text messages while the class is in session. Be on time for class and be prepared.

ENTERING STUDIOS

Posted on each studio door are the hours when classes are in session. Please do not enter studios during scheduled class time for any reason, as this disrupts the class in progress.

If materials are needed, please arrange with instructors during studio time so that these materials will be available, not locked in drawers, cabinets, storerooms, etc.

STORAGE

Projects must be kept and stored in the appropriate studio of origin, or in individual lockers, as directed by your instructors. Please do not leave projects in other studios or they will be removed.

Studio equipment and furniture (i.e. stools, tables, easels, chairs etc.,) must not be removed from their respective studios.

CLEAN UP

You are required to carefully adopt COVID 19 protocols for disinfecting and cleaning as outlined by vour studio instructor.

Students are required to clean-up their work area after each studio, this is required by WCB and Health Services. Any student who does not comply with these requirements may be asked to withdraw from the studio. It is essential that the studios are kept clean and tidy and it is each student's responsibility to clean up after themselves by sweeping and/or wet mopping all work surfaces at the end of a studio session. Please leave the studio as you would like to find it yourself.

END OF TERM CLEAN UP

Please have all of your work and items left in studios removed by end of term. The Fine Art Department will not store your items and assumes no responsibility for storage - no exceptions!

INSURANCE

The College is not responsible for and does not carry insurance for student's works.

The Workshop

ACCESS TO WORKSHOP (A Building, A054)

Operation of tools and machinery is allowed only by the students, but in order to make this service those who demonstrate satisfactory ability.

Those who work in an unsafe manner will have workshop privileges withdrawn.

Non-Fine Arts students, friends, family members, etc. are not allowed in the workshop. Please do not ever bring children into the workshop.

Students may not work in the shop without a qualified instructor or technician present.

The Workshop Coordinator may limit the number of students working in the work-shop at any one Clean up after yourself and return all tools and time for safety reasons.

TOOLS SIGN OUT SYSTEM

The consistent use of the sign-out system is critical responsibilities may have in ensuring maximum tool availability for all students, curtailed, and furthermore failing to follow workshop therefore: no tools or other items, may be removed procedures including cleanup will affect the studio from the shop unless signed out with a valid student practices component of final grades. number.

Students who do not return borrowed equipment will have a financial hold placed on their student account. This hold will impede students to register for future classes, receive marks and order transcripts until the equipment is returned or replaced.

The Workshop Coordinator is there to help available to as many as possible, the following should be observed:

The workshop does not sell materials to students.

No materials are released until an instructor's permission is obtained first.

Projects are not undertaken until the advice and comments of an instructor/s are obtained.

Return tools to the proper storage cabinets.

equipment to their correct location.

Students who consistently neglect clean up workshop

Workshop Safety

There are a number of potentially dangerous apparatus in the workshop. While the following guideline lists some of the more obvious dangers, the overriding rule is to always think "safety first".

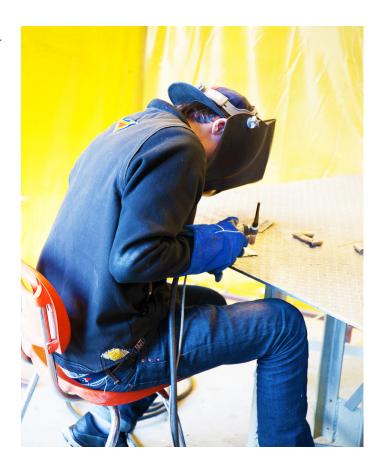
- 1. Do not attempt to operate any machine until you fully understand its mechanisms. BE SURE YOU KNOW HOW TO STOP A MACHINE BEFORE YOU START IT.
- 2. Do not wear rings, bracelets, watches, etc. which could be caught in machinery. Tie long hair back.
- 3. Never wear loose clothing around machines; remove coats, tuck in shirts, roll up sleeves.
- 4. Do not operate machinery while impaired by prescription or non-prescription drugs.
- 5. Always stop a machine before measuring, cleaning, oiling, or making any adjustment.
- 6. Do not attempt to stop a machine with your hands.
- 7. Do not use rags near moving parts.
- 8. Always remove chuck keys before starting machines.
- 9. Keep working areas free from oil, grease, sawdust, and metal cuttings.
- 10. Never have more than one person operating a machine at one time.
- 11. Face shields, goggles, earmuffs and respirators are available and mandatory while using machinery.
- 12. Get first aid immediately for **ANY** injury no matter how small.
- 13. If you injure yourself while in the workshop you **MUST** inform the Workshop Coordinator as soon as possible.

IF YOU ARE WEARING HARD OR SOFT CONTACT LENSES, PLEASE INFORM THE WORKSHOP COORDINATOR BEFORE DOING ANY WORK, PARTICULARLY ARC WELDING.

Personal listening devices with earplugs or headphones are not permitted in the workshop.

WHMIS

In compliance with WCB regulations, applicable workshop materials are covered by WHMIS (Workplace Hazardous Materials Information System) labeling. MSDS (Material Safety Data Sheets) for such applicable materials are located in a labeled binder located at the bottom of the Workshop stairs. If you have any questions about a material, ask the Workshop Coordinator or consult MSDS.



Computer Resources

EMAIL

All students will get a Langara email that instructors use to communicate with you. If you will not be using this as your primary account, make sure that you forward correspondence to the email account designated office hours. Contact Karen that you check regularly.

SOCIAL

Facebook @Langara Fine Arts

Please like our facebook page, as we use this for communicating about events, exhibitions, job opportunities, submission calls and alumni updates.

Instagram @langarafinearts

COMPUTER ACCESS - ACCOUNTS

All student accounts will be generated 7 days before the beginning of semester. These accounts allow: Login to computer labs (when applicable), enhanced classrooms, wireless, myfiles and LinkedIn Learning.

Default Login info can be found at myLangara.ca

Regular Studies accounts remain active for an additional 2 semesters after the last taken class.

langara.ca/information-technology/ accounts-passwords/student-accounts.html

MEDIA STUDIO & INSTRUCTIONAL SUPPORT

For those enrolled in Media Studio Courses Instructional Assistants are available to help with software issues during online class time and Jeong, Instructional Assistant for more information on her office hours: kjeong@langara.ca

ADDITIONAL SOFTWARE SUPPORT Students have access to LinkedIn Learning which has excellent tutorials to help with learning new software (formerly Lynda.com). https://langara.ca/information-technology/it-services/teaching-learning-tools/linkedin-learning.html

Lockers & Supplies

LOCKERS

Lockers are only available for Fine Art Program students that are currently enrolled in face to face studio classes.

Lockers are located in the corridor of the Drawing (A046) and Painting (A049) Studios and are available for rental at the beginning of the Fall, Spring and Summer semester. Combination locks are included with each locker. If you want to use your own lock, please bring this to our Studio Coordinator's attention. Otherwise any unidentified locks will be removed. Lockers are provided for the safekeeping of one's valuables. Please do not leave purses, wallets, coats, etc. in studios unattended.

HOW TO RENT A LOCKER

Lockers are rented from Rita Yip, Studio Coordinator at a cost of \$10.00 per term, cash only. To organize a rental please email: ritayip@langara.ca

CLEARING OUT LOCKERS

Lockers must be cleared out at the end of exam week in the term you have paid for and the combination locks left behind. Notices will be posted with the deadline dates a few weeks before the end of each semester. After the deadline has past, all items left in lockers will be discarded. The Fine Arts Department at any given time assumes no responsibility for items left in lockers. If you are a returning student and would like to keep your locker for the following term, ensure you pay Rita before the end of the deadline. You will not have to empty your belongings if you have paid for the following term. Storing articles on top of lockers is prohibited by order of the Fire Marshall, and they will be removed.

SUPPLIES AND EQUIPMENT

No supplies are issued without authorization from the instructor. Students are responsible for any tools, equipment, etc. borrowed from the workshop or any studio. If lost, stolen, etc., the student will be required to replace the article for which they assumed responsibility, and grades may be withheld until this is done.

Langara is one of the few colleges that gives out supplies. Please use paper, tag paper, mat board and other supplies carefully and do not waste.



Library

LANGARA LIBRARY

The Langara Library and Learning Commons is expected to be fully opened for the Fall semester including study spaces and browsing access to the print collection. Research and writing help will be offered both online and inperson. Visit the Library and Learning Commons website for more details about opening hours and services. for writing help, check the Writing Centre website for information on how to book a session with tutor or submit writing for feedback

For support with library research in your Fine Art Classes contact:
Rebecca Slaven - Creative Arts Librarian rslaven@langara.ca



POP UP LIBRARY

Throughout the term, following Artist Talks, the Creative Arts Librarian, Rebecca Slaven, will be offering additional resources to expand upon each artist's practice. Study Guides for each talk are available on the Library website, under Assignment Help, "Fine Arts, applicable year Speaker Series".

Awards, Bursaries & Employment

FINANCIAL AID: AWARDS AND BURSARIES

Information and applications for student loans, scholarships, bursaries, and awards can be obtained online at: langara.ca/finaid

For more information, email: finaid@langara.ca Web Resources: Langara's home page. Left hand tab under 'Student Services'.

STUDENT WORK ASSISTANCE PROGRAM (SWAP) is a student employment program across campus - see Financial Aid for further details. The Fine Arts Department has 7 positions available for "STUDIO SWAP": Painting, Design/Drawing, Printmaking/ Drawing, Ceramics, Media Studio, Sculpture and Workshop.

These positions are typically filled by 2ND YEAR STUDENTS who have expressed interest. Faculty in the studio area will make the selection from a list of interested SWAP candidates. Familiarity and personal excellence with Studio Practices will be an important consideration; as well as availability to work prior to each days class start – typically starting at 9:00am (arriving on campus at 8:30am). Instructor(s) will assign studio work. Tasks and times depend on the studio you are working for – some weeks you can work for as little as 2 hours, other weeks, up to 10 hours. Plus there is usually work at the end of term, after formal classes end.

Once you are approved and hired, contact our Studio Coordinator, Rita Yip for an orientation on on-boarding procedures. (ritayip@langara.ca)

Hiring decisions are frequently based on observations regarding the student's studio practices and grades in first year, as well as availability and dependability. If you are interested in a SWAP position, let your instructor know at the end of first year to ensure that positions are filled by the first two weeks of the new term.

The SWAP student in a studio is a delegate of the Department performing duties in the studio to assist the instructors. They are NOT a janitor cleaning up after you. Please cooperate with the SWAP students, as they are instructed to report any studio problems, including problem students, to the faculty members in that studio...don't forget about the 20% of your grade that's assigned to your studio practices.

ELIGIBILITY FOR SWAP

Students should to be enrolled in 9 or more credits to be eligible for SWAP. The SWAP application is available online on the Langara College main web page under Employment Opportunities.

Conflict and Concerns

CONDUCT

The College and the department have processes in place to ensure that your educational experience here is enjoyable and productive. This includes a Code of Conduct that applies to all students on the campus. Please refer to the College website for more detailed information.

langara.ca/student-services/ student-conduct-and-judicial-affairs/

If you have any issues involving anyone in the college community who is negatively affecting your educational experience at the college, please follow these steps in the order presented for resolution:

1. If you are able, speak directly with the party of concern (sometimes it's just an oversight or a misunderstanding and can be easily resolved by drawing it to their attention.)

If that is not possible, or your concerns remain unresolved, contact:

2. Fine Arts Department Chair Stephanie Aitken saitken@langara.ca

Also, Jennifer Cheddie (Student Conduct Officer) works with students to resolve concerns involving other students (e.g. bullying, harassment, intimidation). Jennifer provides information to Langara students about College polices, rules and regulations in an effort to support a safe and respectful learning environment.

Jennifer Cheddie Room jcheddie@langara.ca

Respect and Awareness

It is important for students to feel safe in their learning environment. We do not all believe the same things or do things the same way. Therefore, we will have to work every day to adjust to each other and cultivate spaces of mutual respect.

Here are three important points that can positively shape the creative and educational space that we share:

- 1. Cultural Humility
- 2. Cultural Safety
- 3. Studio Etiquette

1. Cultural Humility

A process of life-long curiosity, learning, and self-reflection on personal, community and cultural differences. It is an attitude of humility when trying to understand another person.

2. Cultural Safety

A process of respectful engagement which recognizes power imbalances and strives to eliminate oppression and discrimination based on systemic or cultural inequalities relating to gender, ethnicity, sexuality, ability, spirituality, etc.

3. Studio Etiquette / Shop Rules

A learned set of attitudes and habits which create a safe, clean, organized, and positive studio environment.

CLASS CRITIQUES AND DISCUSSIONS

Principles for Constructive Engagement

- 1. You don't know what you don't know: strive for intellectual humility.
- 2. Everyone has an opinion. Opinions are not the same as informed knowledge.
- 3. Let go of personal anecdotal evidence and look at broader socio-political patterns.
- 4. Notice your own defensive reactions, and attempt to use these reactions as entry points for gaining deeper self-knowledge. (i.e. having good intentions)
- 5. Recognize how your own subject position (such as your race, class, gender, sexuality and ability-status) informs your reaction to your instructors, fellow students and artists' work that you study.
- from "Is Everyone Really Equal", An introduction to key concepts in Social Justice Education, Ozlem Sensoy & Robin DiAngelo

Cultural Humility

HELPFUL DISTINCTIONS WHEN DEALING WITH CULTURALLY SPECIFIC CONTENT:

Culture: the customary beliefs, social forms, and material traits of a racial, religious, or social group.

Humility: freedom from pride or arrogance; aware of own strengths and weaknesses.

Cultural humility is based on cultivating an interpersonal stance that is other-oriented and respectful of aspects of cultural identity that are important to those that surround you. Cultural humility focuses on self-humility rather than achieving a state of knowledge or awareness.

Cultural sharing - this has more or less a temporary nature such as being invited to carve a totem pole, or wearing another cultures traditional clothing at a ceremony.

Cultural diffusion and exchange - this is an interesting moment where communities and cultures making choices to share their traditions from a position of more or less equality, understanding, and mutual respect.

Cultural appropriation - this involves an element of inequality, when a person with higher rank/ status/power simply takes what they want because they have the privilege to do so. It usually involves little respect or understanding of what is being taken.

In her presentation, Cultural Appropriation or Cultural Appreciation: exploring the fine line, Adrienne Keene suggests the ideas: 1. Be invited; 2. Follow your hosts lead; and, 3. Respect boundaries, when it comes to engaging in another culture.

"The outrage expressed by Aboriginal people in the face of cultural appropriation cannot be understood outside of the historical context of colonialism in which the loss of culture began."

- Vanessa Udy

Video Resources (On Youtube)

- 1. Cultural Appropriation or Cultural Appreciation: Exploring the Fine Line, Dr Adrienne Keene (Cherokee Nation scholar, writer, blogger and activist)
- 2. Seven Myths about Cultural Appropriation DEBUNKED! Decoded, MTV News
- 3. Dr. Robin DiAngelo discusses "White Fragility: Why It's So Hard for White People to Talk About Racism"

Readings

Cultural Appropriation of Indigenous Peoples in Canada, The Canadian Encyclopedia

Udy, Vanessa, The Appropriation of Aboriginal Cultural Heritage: Examining the Uses and Pitfalls of the Canadian Intellectual Property Regime

Counselling & Supports

ACCESSIBILITY SERVICES (B Building, B146)

Accessibility Services works with students with disabilities to arrange appropriate support services on a case-by-case basis. Students are required to register with Accessibility Services, provide appropriate documentation, and sign a disclosure consent form. Personal information regarding a student's disability is collected, used, disclosed, secured, and disposed of in accordance with the BC Freedom of Information and Protection of Privacy Act (FIPPA).

To schedule an intake or follow-up appointment, please email: accessibilityservices@langara.ca or call Reception at 604.323.5509.

COUNSELLING (B Building, B111)

Counselling Services is proud to provide support for all students at Langara College in their mental health and academic success. We encourage you to explore our services provided and reach out today.

Our services include:

- Individual personal, educational, and career counselling and advising
- 11 Minutes of Mindfulness at 11 am (Tuesday, Wednesday, and Thursday)
- Counselling Services Online Support Group
- Student Success Workshops
- Course Planning Sessions
- Consultations with faculty and staff

How to book an appointment:

Email: counselling@langara.ca or call 604.323.5221

Mental Health & Wellness

Below you will find a collection of links and resources on topics related to mental health and wellness. We hope you will find these resources helpful. You are invited to book an appointment to speak with a Langara Counselor about any of these concerns.

Local Resources

Distress Lines provide confidential, non-judgmental, free emotional support 24 hours a day, 7 days a week for people experiencing feelings of distress or despair, including feelings which may lead to suicide. They are there for you if you feel worried, upset or confused, or you just want to talk to someone. You don't have to be suicidal to call.

Vancouver: 604-872-3311 (24 hours/day)

Outside the Lower Mainland: 1-800-784-2433

(1-800-suicide)

Burnaby/New West/Surrey: 604-951-8855

(24 hours/day)

Outside the Lower Mainland: 1-877-820-7444

(24 hours/day)

Richmond (Chimo): 604-279-7070

(8am to midnight)

The Crisis Centre of BC also offers an online chat line from: noon to 1am at www.crisiscentrechat.ca for adults or www.youthinbc.com for youth.

For more information visit:

www.crisiscentre.bc.ca/get-help.

Are you the victim of a crime? These resources can help:

Victim LINK

Victim Link provides 24 hour, province-wide, toll-free phone line for crisis support and information and referral to all victims of crime.

The Red Book Online

Contact: 1.800.563.0808

The most complete online guide to community, social, and government agencies Services across the Lower Mainland.

Victim Services Unit - (604) 717-2737

The Vancouver Police Department Victim Services Unit (VSU) provides assistance to victims of all types of crime and other traumatic incidents in the City of Vancouver.

A&D Referral Line

Provides Support, information, and referral for addiction issues. (604)- 660-9382

Vancouver Rape Relief and Women's Shelter www.rapereliefshelter.bc.ca 24-hour: 604-872-8212

TTY (9 am to 9 pm): 604-877-0958

The Vancouver Rape Relief and Women's Shelter provides free, confidential support services for those who have experienced sexual and physical violence. This organization operates a 24-hour rape crisis line among other services.

Student Services

Indigenous Education & Services

Email: indigenous@langara.ca 604.323.5645

Gathering Space (C Building, C140)

The Gathering Space is a welcoming, multi-purpose environment for Aboriginal students to connect while at the College. The Gathering Space is enhanced to support student learning, and features a computer lab with a printer and wireless Internet for laptop use. The facility also features a homework space, a casual sitting area, and a kitchen with a microwave and refrigerator where students frequently organize potluck lunches during semester time. The wellness room in Langara's Gathering Space is designed for rest and relaxation should students need to escape from the bustling College halls.

Langara is also pleased to offer an Elder in Residence Program which is involved in counseling, traditional teaching, and ceremonial events throughout the year.

In addition to the Gathering Space, the College is also home to the Dave Pearson Native Student Centre, located in the Langara Students' Union (LSU) Building. This space promotes opportunities for students to connect with friends, old and new.

International Education Department

General Information: www.langara.ca/global General email: international@langara.ca 604.323.5023

Langara Global offers international students a central service resource for information and support, including immigration and non academic advising, engagement and volunteer opportunities, international work or study opportunities. If you have any questions, contact your International Coordinator or during a virtual drop-in-session. You can also follow us @langaraglobal to learn more.

Student Union & Clubs

LANGARA STUDENT UNION

Throughout the year, LSU committees organize a variety of events and resources for the Student body. Councilors and Advisors work closely with Committees to contribute to a dynamic learning experience by organizing events, workshops, & speakers, lobby various levels of government on behalf of students, and continue to expand or enhance services to its members. The Student Union building is located behind the 'C' Building.

Learn more: www.langarasu.ca

604.324.3881 ext.0

The HUB (A Building, A140)

The Office for Student Engagement (OSE), also known as The Hub, coordinates fun and engaging programming beyond the classroom that builds leaders and community at the same time. The programs and activities hosted by the Hub, are a great way to connect with other students and the College community.

General Questions and Comments:

volt@langara.ca

Student clubs: clubs@langara.ca

Volunteering and VOLT Program: volt@langara.ca

Back to School events: nso@langara.ca

Local Art Community

Remember that your study of visual art continues beyond the walls of the College. We encourage you to explore and support the vibrant art community that surrounds you in Vancouver. Opportunities for viewing exhibitions, volunteering and learning more about contemporary art are available at a number of surrounding galleries and organizations. Feel free to check in with your studio instructors for more information on local events and ways to get involved in your surrounding community.

LANGARA FINE ARTS FACEBOOK PAGE Information on upcoming events and opportunities for students.

INSTANTCOFFE.ORG

For listings on local exhibitions, talks, events and submission calls, sign up for a weekly mailing list via: instantcoffee.org

ALLIANCE FOR ARTS allianceforarts.com For information on volunteer, job and other art related opportunities:

SELECTED GALLERIES & ARTIST RUN CENTRES

Check gallery websites for further information on opening hours

221A

221a.ca

Access Gallery

accessgallery.ca 222 E. Georgia St Vancouver

Artspeak

artspeak.ca 233 Carrall Street, Vancouver

Audian Gallery (SFU Woodwards) sfu.ca/galleries/audain-gallery/ 149 West Hastings, Vancouver

Burnaby Art Gallery

burnabyartgallery.ca 6344 Deer Lake Ave, Burnaby

Contemporary Art Gallery

contemporaryartgallery.ca 555 Nelson Street, Vancouver

Centre A

centrea.org 205-268 Keefer St., Vancouver

Catriona Jeffries Gallery

950 E Cordova St catrionajeffries.com

Craft Council of BC Gallery

http://craftcouncilbc.ca/ccbc-gallery/ 1386 Cartwright Street Granville Island, Vancouver

Equinox Gallery

equinoxgallery.com 525 Great Northern Way, Vancouver

Fraser Valley Potters Guild

Kwantlen Polytechnic University Ceramics Studio, Spruce 138

Grunt Gallery

grunt.ca 350 E 2nd Ave, Vancouver

Malaspina Printmakers

malaspinaprintmakers.com 1555 Duranleau St, Vancouver

Republic Gallery

republicgallery.com 732 Richards St, Third Floor, Vancouver

Richmond Art Gallery

richmondartgallery.org 7700 Minoru Gate, Richmond

Surrey Art Gallery

surrey.ca/culture-recreation/1537.aspx 13750 88 Ave, Surrey

Museum of Anthropology

moa.ubc.ca UBC, 6393 NW Marine Dr, Vancouver

New Media Gallery

newmediagallery.ca 777 Columbia St, New Westminster

Or Gallery

orgallery.org 236 E Pender Street, Vancouver

Unit Pitt Projects

helenpittgallery.org

Vancouver Art Gallery

vanartgallery.bc.ca 750 Hornby Street, Vancouver

VIVO Media Arts

vivomediaarts.com 2625 Kaslo St, Vancouver,

Western Front

front.bc.ca 303 8 AVE E, Vancouver

Wil Aballe Art Projects (WAAP)

waapart.com 688 E Hastings St, Vancouver

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art + design + intensive + studio
+ hands-on + community
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